CallTheParamedic.co.uk

Emergency medical training delivered exclusively by Paramedics

| D | R | A | B | C | D | E |
|---|---|---|---|---|---|---|
| DANGER | RESPONSE | AIRWAY | BREATHING | CIRCULATION | DISABILITY | EXPOSURE |
| **CHECK** | **CHECK** | **CHECK** | **CHECK** | **CHECK** | **CHECK** | **CHECK** |
| Hazards<br>Major Bleeding | Unconscious Yes/No | Obstructions<br>Swelling<br>Noises | Rate<br>Equality<br>SPO2<br>Noises | Pulse rate<br>Cap refill<br>Blood pressure<br>Bleeding<br>Skin | ACVPU<br>Temp<br>Blood glucose<br>Pupils<br>Seizures<br>FAST test<br>MSCx4 | Rash/infection<br>Rash/Allergic<br>Injury<br>Patches<br>Medi-alerts |
| **CONSIDER** | **CONSIDER** | **CONSIDER** | **CONSIDER** | **CONSIDER** | **CONSIDER** | **CONSIDER** |
| Pressure<br>Packing<br>Tourniquets | Get help | Manual manœuvres<br>Suction<br>OP/NP<br>Igel | BVM<br>O2<br>Salbutamol<br>Ipratropium<br>Corticosteroids | Stop bleeding<br>TXA<br>Aspirin<br>GTN | Oral glucose<br>Glucagon<br>Flumazenil<br>Naloxone<br>Benzodiazepines | Top to toe<br>Warming<br>Cooling<br>Privacy |

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Printed copies may be out of date. Check the current version before use.

Medicines and equipment: use within your training and local protocols.

For people trained in ILS through Call The Paramedic.

A ready reckoner. Not intended to replace Resuscitation Council UK (RCUK) guidelines.

CTP website